



# TELFORDS BISTRO

SEAFOOD, RESTAURANT & BAR

☎ 01492 702471

✉ [INFO@TELFORDSBISTRO.CO.UK](mailto:INFO@TELFORDSBISTRO.CO.UK)

f @TELFORDSBISTRO

WIFI Telford Guest **PASSWORD** telf0rdwifi  
26 CASTLE STREET, CONWY LL32 8AY

[TELFORDSBISTRO.CO.UK](http://TELFORDSBISTRO.CO.UK)





# MENU

## SEAFOOD, BISTRO & BAR

### PLATTERS

#### CHILLED FISH £28

King prawns, smoked salmon, mussels, confit tuna, smoked mackerel pate, toasted sourdough, baby leaf salad, dijon mustard dressing, caper berries

#### ANTIPASTO £28

Prosciutto ham, chorizo, pastrami, hummus, avocado, toasted sourdough, caper berries, olives, reduced balsamic, olive oil

### SMALL PLATES

#### SMOKED MACKEREL & LIME PATE £8.5

Toasted sourdough, apple, fennel & celery coleslaw

#### PROSCIUTTO HAM WRAPPED SCALLOPS (GF) £10.5

Watercress & butternut squash puree, seasonal salad leaves

#### SMOKED SALMON, CAPER & CLEMENTINE SALAD (GF) £9

Dill, baby salad leaves, Dijon mustard dressing

#### SPICY THAI CRAB & SHRIMP FISHCAKES (GF) £8.5

Coriander, lime, baby salad leaves, sweet chilli jam

#### PIRI PIRI KING PRAWNS (GF) £9

Rocket salad, lemon, parsley, white wine

#### CALAMARI £9

Tempura batter, baby salad leaves, tartare sauce

#### LOCAL MUSSELS (WHEN AVAILABLE) £11

Garlic, leeks, white wine, cream, crusty bread & Welsh butter

#### SEAFOOD CHOWDER £12

Smoked haddock, prawns, mussels, potato, cream, crusty bread & Welsh butter

#### AVOCADO & SUNDRIED TOMATO BRUSCHETTA (V) £7.5

Basil, lemon, garlic, reduced balsamic, olive oil

#### GREEK SALAD (V/GF) £7.5

Feta cheese, beef tomato, cucumber, red onion, olives, balsamic, olive oil

### SIDES

#### OLIVES £4

#### FRESH SEASONAL VEGETABLES £4

#### GARLIC POTATOES £4

#### BABY LEAF SALAD £4

### CHILDREN

#### ROASTED VEGETABLE LINGUINE (V) £8

Grana Padano cheese

#### FISH GOUJONS (GF) £9

Skin on fries, pea puree

#### CHICKEN SUPREME (GF) £9

Fresh seasonal vegetables, garlic potatoes

### PUDDINGS

#### ETON MESS (V) £7

#### CRÈME BRÛLÉE (V) £7

#### STICKY TOFFEE PUDDING (V) £7

#### ICE CREAM SELECTION (V) £7

#### CHEESEBOARD (V) £9.5

### MAINS

#### FISH

#### SEABASS FILLET (GF) £25

Provençal roasted vegetables, tomatoes, basil, garlic potatoes, reduced balsamic

#### JOHN DORY (GF) £23

Clams, lemon caper garlic butter, roasted seasonal vegetables, garlic potatoes

#### TARRAGON ROAST SALMON (GF) £23

Asparagus, roasted garlic, courgette, garlic potatoes, hollandaise sauce

#### RED SNAPPER COCONUT CURRY (GF) £24

Lychee, ginger, red peppers, spring onion, lemon grass, wild rice

#### MONKFISH (GF) £23

Prosciutto ham, garlic potatoes, spinach, sundried tomatoes, roasted seasonal vegetables, basil oil

#### SMOKED HADDOCK & PEA RISOTTO (GF) £19

Poached free range egg, Grana Padano cheese, reduced balsamic

#### SEAFOOD LINGUINE £21

King prawns, clams, mussels, white wine, parsley, cream

### SALAD BOWLS

#### TUNA CONFIT £17

Anchovies, tomatoes, gem lettuce, garlic croutons, Caesar dressing

#### KING PRAWNS £18

Avocado, tomatoes, gem lettuce, garlic croutons, Dijon mustard dressing

#### CHICKEN £17

Anchovies, tomatoes, gem lettuce, garlic croutons, Caesar dressing

#### ROASTED PROVENCAL VEGETABLES (VG) £16

Tomatoes, gem lettuce, fresh basil, reduced balsamic

### MEAT

#### PULLED PERSIAN LAMB £22

Feta cheese, pomegranate, mixed beans, chickpeas, minted yoghurt, coriander, charred flatbread

#### CHICKEN SUPREME (GF) £21

Asparagus, wild mushrooms, cream, white wine, tarragon, garlic potatoes

#### BRAISED SHORT BEEF RIB (GF) £23

Smoked bacon, mushrooms, tomatoes, red wine, creamed potatoes

### VEGETARIAN & VEGAN

#### SEASONAL VEGETABLE & LYCHEE COCONUT CURRY (V) £17

Chilli, coriander, sweet peppers, wild rice

#### MOROCCAN MIXED BEAN (V) £17

Flatbread, pomegranate, mixed beans, chickpeas, minted yoghurt, coriander

### ALLERGENS & INTOLERANCES

Please ask a member of our team for further information

**OUR LOCAL HEROES** - We are proud to have support & be associated with the following producers & suppliers:

Menai Mussels & Oysters / Mermaids Seafoods / Harlech Food Service / M Hughes & Sons / Conwy Mussels / Ollies Honey / Patchwork Pate